## **Student ATHlete Summer Calendar**

ATHLETE TRAINING + HEALTH

May 27th-August 3rd

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Linear	Linear	Multi-Direction	Multi-Direction	Compete	Compete
8-12 Year Olds 9:30am - 10:30am 6:30 - 7:30pm	8-12 Year Olds 9:30am - 10:30am 6:30 - 7:30pm	8-12 Year Olds 9:30am - 10:30am 6:30 - 7:30pm	8-12 Year Olds 9:30am - 10:30am 6:30 - 7:30pm	8-12 Year Olds 9:30am - 10:30am 5:30 - 6:30pm	8-12 Year Olds 10:00am-11:00am Speed School
12-14 Year Olds 12:00pm - 1:30pm 5:00pm - 6:30pm 1:00 - 2:30pm (VB)	5:00pm - 6:30pm	<u>12-14 Year Olds</u> 12:00pm - 1:30pm 5:00pm - 6:30pm 1:00 - 2:30pm (VB)	5:00pm - 6:30pm	12-14 Year Olds 12:00pm - 1:00pm 4:30pm - 5:30pm 1:00 - 2:30pm (VB)	12-18 Year Olds 10:00am-11:00am Speed School
14-18 Year Olds 10:30am - 12pm 3:30pm - 5:00pm 1:00 - 2:30pm (VB)	14-18 Year Olds 10:30am - 12pm 3:30pm - 5:00pm	14-18 Year Olds 10:30am - 12pm 3:30pm - 5:00pm 1:00 - 2:30pm (VB)	14-18 Year Olds 10:30am - 12pm 3:30pm - 5:00pm	14-18 Year Olds 10:30am - 11:30am 4:30pm - 5:30pm 1:00 - 2:30pm (VB)	11:00am-12:00pm Strength School

Download our app or call to schedule classes

(469-213-0730) athallen.com